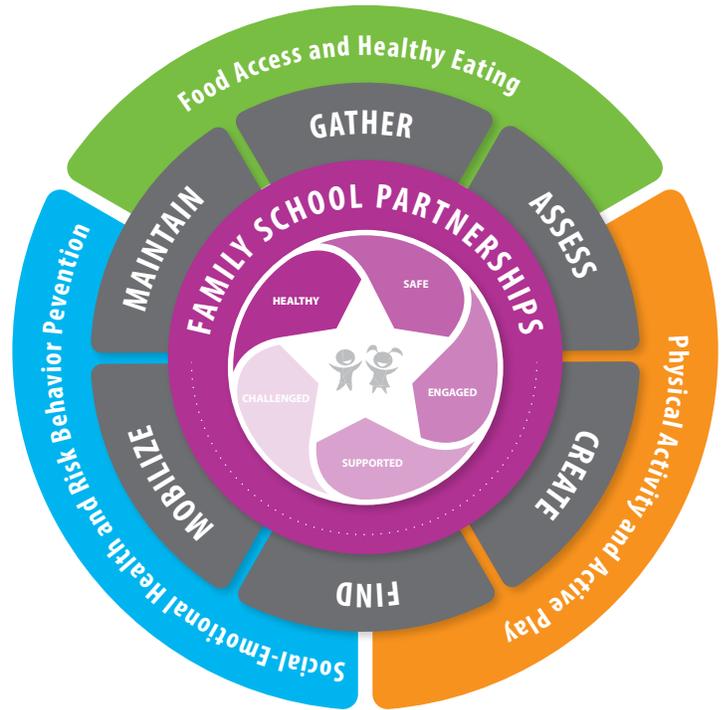


Action for Healthy Kids is a national nonprofit organization committed to the belief that healthy kids create a better world. We pursue this vision by mobilizing family-school partnerships to address the child health crisis and prepare kids to be healthy in body and mind.

## How We Work

Family-School Partnerships are an essential part of understanding what families and students need from their schools in order to live healthy and happy lives in their communities. Action for Healthy Kids functions with Family-School partnerships at the center of our work because we know that childhood healthy habits and lifestyles are driven by the adults and environments in which our children are raised. Action for Healthy Kids works to mobilize school staff and families to work collaboratively on school health programming and policy change.



## Resources and Support for Schools and Families

### Healthy Kids Blog



Explore hundreds of articles written by AFHK staff members, parents, and other professionals discussing topics such as health at home, recipes, making change happen, and more.

### Learning Sessions and Events



We host educational webinars, discussions, and local trainings to provide actionable items schools, districts, and families can take to build healthier environments for kids.

### Digital Tools and Resources



Through our Healthy Kids Newsletter, Emails, and Resource Library, we provide digital pdfs, videos, and more to support family-school relationships through health topics.

### Grants and Support



We partner with school districts in underserved communities to provide grants that improve policies, systems and environments related to nutrition, physical activity and social-emotional health.



## Our Programs



**ConnectEd**

The ConnectEd program is a comprehensive approach to social-emotional health and youth risk behavior prevention. AFHK makes sure social-emotional health is a priority and kids grow up with safe and nurturing environments.

Learn more at [actionforhealthykids.org/connected](https://actionforhealthykids.org/connected)



**EnergizEd**

EnergizEd program is a comprehensive approach to physical activity and active play. AFHK makes sure kids get the recommended sixty minutes of physical activity through PE, play, and more.

Learn more at [actionforhealthykids.org/energized](https://actionforhealthykids.org/energized)



**NourishEd**

The NourishEd program is a comprehensive approach to nutrition education and improved food access. AFHK helps children focus in the classroom and make healthy choices by increasing access to healthy foods and nutrition education.

Learn more at [actionforhealthykids.org/nourished](https://actionforhealthykids.org/nourished)

### Take Action

**Donate today**  
[actionforhealthykids.org/donate](https://actionforhealthykids.org/donate)

**Partner with us**  
[actionforhealthykids.org/partner](https://actionforhealthykids.org/partner)

**Apply for a grant**  
[actionforhealthykids.org/grants-support](https://actionforhealthykids.org/grants-support)

**Register for an upcoming learning session**  
[actionforhealthykids.org/events](https://actionforhealthykids.org/events)

**Explore our resources**  
[actionforhealthykids.org/game-on-activity-library](https://actionforhealthykids.org/game-on-activity-library)

Looking to connect with us?  
Reach out to [contactus@actionforhealthykids.org](mailto:contactus@actionforhealthykids.org)  
or via social media and we'd be happy to support you!



@act4healthykids



@Act4HlthyKids

**Healthy Kids. Better World.**

600 W. Van Buren St., Suite 720, Chicago, IL 60607 • 1.800.416.5136  
[actionforhealthykids.org](https://actionforhealthykids.org)

**ACTION** FOR HEALTHY KIDS